

## WELCOME

We are delighted that you chose the **PRESENCE**: BITE-SIZED WISDOM FOR GLOBAL LEADERS deck of cards. This deck is designed to support you to be a global leader.

There are 45 cards in this beautiful deck. The cards encapsulate ten principles of global leadership. The principles foster goodwill in all your interactions.

The principles and cards are liberating forces. Their power exists inside of you already. As an integrated system, the principles and cards elegantly raise this connection into your conscious awareness. The principles are included in the back of this booklet. Refer to this list as needed.

#### FROM PRINCIPLE TO PRACTICE

The back of each card features a word that relates to the principles. The front of each card defines the word and includes questions for your reflection.

The cards are fun and engaging. Play is an effective way for you to learn and evolve. Play engages the conscious and subconscious minds to work cooperatively. The more fun you have with the cards, the more easily you can develop as a global leader and world citizen.

The cards are a catalyst for wise action. They enhance your potential and presence. The cards are a guide—not an authority—to help develop your natural capacities. They provide a context for your life. You provide the content. Always use your own discernment and common sense.

## ONE WORLD, MANY VOICES

Twenty-two languages form the back border of each card. Half of the languages are the ones most spoken today. The remaining languages hold an important consciousness that still resonates in humanity as a world heritage. The languages showcase the unity and diversity inherent in modern leadership.

#### WHO IS A GLOBAL LEADER?

You are! This leadership begins with an intention of how to be in the world. Declaring "I am a Global Leader" immediately initiates you as one. From this simple and powerful declaration, everyone can make a meaningful contribution to the planet.

Healthy global leaders integrate all aspects of themselves to lead from a more balanced and holistic perspective.

Alignment of body, mind, emotions, values, and beliefs

creates an open space in which your potential can unfold.

From this alignment, global leaders foster a sense of abundance and excellence—goodwill—in every interaction.

As a result of being a global leader, you can increase your creativity, satisfaction, and happiness. Organizations can increase productivity, employee participation, and profitability. As a global community, we all can increase our interconnectedness, sense of belonging, and sustainable outcomes.

#### WHAT'S UP WITH ALL THE PEACOCKS?

The peacock is the main design element for the card deck. In many cultures, the peacock symbolizes beauty and wise vision. The peacock serves as a reminder that global leaders practice wisdom.

Global leaders recognize the wholeness that underpins all life. Global leaders synchronize the capacities of their left brains and right brains. This whole-brain approach converts knowledge to wisdom and creates a transformational style of leadership. Thus, you become more coherent and authentic. Authenticity lights up your life and acts like a magnet to fulfill your desires.

# **HOW TO USE THE CARDS**

There are many ways you can use the **PRESENCE**: BITE-SIZED WISDOM FOR GLOBAL LEADERS cards to practice global leadership. As you become familiar with the cards, feel free to create a style of use that works best for you.

Here are a few suggestions to get you started. Trust that the cards will provide you with an essential truth about yourself and your interactions with others.

1. MEDITATION FOCUS FOR THE DAY: Before you begin your day, select a card from your deck. Your word on the card is your focus for the day. Read the text on the card. Then reflect on the questions.

Carry your card with you in a pocket, notebook, purse, or other carryall. As you engage with others, refer to the card. Look for ways to apply the concept. How can you improve your interactions and offer more effective leadership?

As you apply the concept, watch how you and your relationships improve. Keep track of your growth by noting any changes in a journal. What insights come to you?

 MEDITATION FOCUS AT NIGHT: Before you go to bed, select a card from your deck. This word is your meditation as you relax from your day. Read the card text. Then reflect on the questions.

When you go to sleep, your subconscious will work with your chosen word and help devise creative ways to apply the concept in your life. When you wake, note in a journal any insights that came to you while sleeping.

3. APPLICATION IN THE MOMENT: Before a specific event, meeting, important interaction, or the start of a project, select a card from your deck. This card supports your intention or a theme that you can hold throughout the occasion. Read the text. Then reflect on the questions.

As you engage with others, use your intention to orchestrate your occasion or to transform your interactions. Afterwards, note in a journal what you did well that shifted you or others into a more positive outcome. Also note any insights you have about how you might improve your interactions. You can apply these ideas at your next opportunity.

# TEN PRINCIPLES OF GLOBAL LEADERSHIP

- I and everyone has the ability to become a Global Leader simply by declaring to be one, and then acting from that place of being.
- Inderstand that leadership is an equal giving and
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- Leadership results from the interaction within a relationship where the gifts, skills, and energies of al people are honored, appreciated, and used.
- I assume a leadership role by helping individuals cultivate their uniqueness through dialogue so that the individual and the organization benefit
- I know that the overall success of any project requires an agreement of the stated goals and objectives by al people involved; I see conflict simply as an expression of a larger option wanting to emerge.
- I understand that in true partnership, our individual and unique spirits matter.
- I support the highest in myself and others. I am
  concerned with those qualities of the human spirit sucl
  as love, compassion, patience, tolerance, forgiveness
  contentment, and a sense of personal responsibility
  and harmony.
- 9. I am willing to be responsible for maintaining faith, hope, and a spirit of cooperation.
- 10. I take personal responsibility for making a positive

# ABOUT THE CO-AUTHORS AND TEAM

The PRESENCE: BITE-SIZED WISDOM FOR GLOBAL LEADERS card deck was created through an integrated team effort, initiated by co-author Laura L. Brown, M.S. The team included a number of people who provided input and guidance. Special acknowledgement goes to co-author Dr. John Wyrick, Leila Eden, Michelle Manos, Barry K. Spiker, Pho, Norma Tarango, and the translation team at Language Connections, a Boston-based translation and interpreting company (www. languageconnections.com). They all helped to make this project shine!

For more information, please visit www.livingasagloballeader.com

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